



My name is:

Kelly Dawson

I am part of the emotional wellbeing team.

What does that mean?

The emotional well being team is here to help children and young people just like you with their feelings, worries and fears.

Here is a link to a video that a young person just like you helped us make to explain the kind of work we do together.

<https://youtu.be/duXLsp5wFRE>

A bit about me

I have been working with children for a long time (over ten years).

In my spare time I am a cub scout leader and enjoy camping and outdoor activities as well as water sports, playing board games, playing games of cards, reading books and doing crafts.

What do the children who have worked with me say ...

'I loved every moment and Kelly was really supportive and kind'

'The help was really good. I'm very happy that I was able to be given this help as it has significantly improved every aspect of my life due to my now lack of anxiety'

What do the parents who have worked with me say ...

'L is a changed person since seeing Kelly. Her confidence has grown, and a lot of her worries have disappeared'

'I am so impressed with the amount of care given to my child and cannot thank this service enough'

Our work together

We will usually meet once a week for an hour and can work together towards your goals. It would be great to hear about your goals and work together (with you or mum) on your feelings, worries or fears so you can meet these goals.

I Hope to see you soon,

Kelly